



RHYTHM DYNAMIX SUMMER FUN DANCE CAMP!

- AGES (9 - 13 YEARS) JULY 21th – JULY. 25th 2008

TIME	Monday	Tuesday	Wednesday	Thursday	Friday
9- 10	Stretch and Funky Endurance Training	Stretch and Funky Endurance Training	Stretch and Funky Endurance Training	Stretch and Funky Endurance Training	Stretch and Funky Endurance Training
10- 10:15	Break	Break	Break	Break	Break
10:15 - 11:00	Contemporary (mix of modern, jazz & lyrical)	Contemporary (mix of modern, jazz & lyrical)	Contemporary (mix of modern, jazz & lyrical)	Contemporary (mix of modern, jazz & lyrical)	Contemporary (mix of modern, jazz & lyrical)
11:00 - 12:00	Hip Hop	Hip Hop	Hip Hop	Hip Hop	Hip Hop
12:00 – 1:30	Lunch and create T-shirts	Lunch and create T-shirts	Lunch and create T-shirts	Lunch and create T-shirts	Lunch and create T-shirts
1:30 – 2:30	Jazz (Street Funk/Musical Theatre) and Creative Choreography	Jazz (Street/ Funk/Musical Theatre) and Creative Choreography	Jazz (Street/ Funk/Musical Theatre) and Creative Choreography	Jazz (Street/ Funk/Musical Theatre) and Creative Choreography	Jazz (Street/ Funk/Musical Theatre) and Creative Choreograph
2:30 - 3:00	Break	Break	Break	Break	Break
3:00 – 4:00	Improvitational Dance	Break Dance	Break Dance & Urban Freestyle	Improvisation Dance	Martial Arts Movement
4:00 – 5:00	Latin Freestyle	Urban Freestyle	Martial Arts Movement	Latin Freestyle	Present to Family and Friends

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WEEK-LONG DANCE CAMP!!

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STRENGTH AND ENDURANCE: Variety class with mat work, stretch and strength exercises to get the body moving in motion.

CONTEMPORARY: A mix of modern, jazz lyrical styles with use of emotional, eclectic pieces to work on bringing out the “life” of the dance.

HIP HOP: Street stylized movement to upbeat Hip Hop rhythms. (All age appropriate music).

JAZZ: Various styles may be touched on as well as with the aspect of students learning.

IMPROVISATION: Learning to create their own pieces within the class.

MARTIAL ARTS: Elements of Tae Kwando and Capoeira (“the dance Brazilian Martial Art”) will be taught.

BREAK DANCE: Elements of B-boying will be focused on.

LATIN FREESTYLE: Elements of many Latin Dances from Samba-Salsa-mixed and choreography

URBAN & FREESTYLE: A mix of Urban Nuskool street dance style and creation of “dance movement through freestyle and jamming” will be focused on here.

COST PER STUDENT: \$175.00

For the entire week, includes T-shirt

(\$10 discount for siblings) For single week & Pizza Party last day.

Bring dance clothes or summer clothes. Make sure you bring track or yoga type pants for legs if needed. Bring own lunch and we will supply drinks during the afternoon breaks.

****REGISTRATION: Anytime during office hours, 4pm to 10pm OR .During Recital Ticket Day Sat. May 31st, 10 – 2 pm. Call (905) 438-1537 www.rhythmdynamixdance.com michelle@rhythmdynamixdance.com**